

# GOOD NEWS SUNDAY FAIRFIELD

[www.goodnewssundayfairfield.com](http://www.goodnewssundayfairfield.com)

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18<sup>th</sup> edition – March 21, 2021



GOOD NEWS PAGE 1

RESEARCH PAGE 2

BRAIN POWER PAGE 3

ANNOUNCEMENTS PAGE 4

This is our 18<sup>th</sup> edition of Good News Sunday Fairfield. We want to continue bringing you good and heartwarming stories in these difficult times.

A restaurant in Baltimore has a very loyal customer. The customer whose name was not mentioned so we will call her Jenny. Jenny was diagnosed with stage 4 lung cancer. She loved a very special dish at the restaurant named Ekiben. "My mother-in-law lives in Vermont and would visit my wife and her sister throughout the years," her son-in-law said. "Whenever she was in town, Ekiben's tempura broccoli was something she always needed to have. She always joked that when she's on her death bed that if there's in the world, she wants tempura broccoli from Ekiben." The family was going to make a trip to spend some time with her in Vermont. The son-in-law reached out to Ekiben to see if they could get a recipe or the ingredients because it wouldn't taste as good if they brought it with them on the six-hour drive. The owner replied, "Thanks for reaching out. Ephrem and I are more than willing to meet you guys in Vermont and make the food fresh so it will be just like what she remembered". They surprised Jenny with the dish. Jenny's daughter said that they didn't accept money for gas, the food or their stay. "The overwhelming generosity and gigantic hearts of these young men will make me warm and happy forever," she said.

If you want to help people in our community who needs food go to Meals on Wheels. Meals on Wheels is an organization that delivers meals to seniors. They deliver to seniors that need help or can't make food. To sign up or donate to this amazing organization got to <https://www.mealsonwheelsamerica.org/>.

What can you do to make good news? If you are doing something good or see someone creating good news send us a picture or a note to [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com) and/or tag us on social media #GoodNewsSundayFairfield.

## Research

### Women's History Month

We continue to celebrate women's history Month so below are some women that made a difference and fun facts about them.

#### Grace Hopper

Grace Hopper was born in December, 9<sup>th</sup>, 1906 and loved to teach. For ten years starting in 1941 she was a "collage mathematics professor." But the World War II happened and the army really needed more men to fight but there were not enough men so they started letting women serve and help them. So, she applied since she knew how to sail a boat but still got rejected. But got accepted again before the war ended. When she got in to work, she saw many big computers. She had to learn how to program the computers in one week so she could where rockets would land. And when something went wrong, she spent a lot of time fixing it. After the war she worked at a privet computer company. She helped translate computer code into human language and the other way around even though everyone told her to give up. But she did not and kept on working hard. When she and her team got straight to work and the news spread quickly. She died January, 1, 1992 and changed the world.

#### Maya Angelou

Maya Angelou was born in April, 4<sup>th</sup>, 1928. She was an actor, filmmaker, writer, and activist. She was abused by her mother's boyfriend and sometimes she did not have a home so she lived with other homeless kids in junk yards. Even though she had a rough childhood she still managed to go along. In 1969 she wrote a book called *I know why the caged bird sings*. She got awards on acting and even got to read one of her poems in 1993 in Bill Clinton's inauguration. She was the first African – American and woman to get that honor. She also received the Medal Of Freedom from Barack Obama in 2010. She finished her last book in 2014 when she died at age 86.

#### Helen Keller

Helen Keller was born in June, 27<sup>th</sup>, 1880 and had a rough childhood because she was deaf and blind. She was very young and very sacred so her mother hired a teacher for her. She found Annie Sullivan who also related to Helen because she lost some of her eye sight and grew up in an orphan but still had a good education. Helen started to learn the manual alphabet and she started to learn new basic words like water, food, mother, father and so on. She also learned how to read with raised letters and braille and even learned how to type. When Helen grew older Annie and Helen stuck together and helped each other. Helen finally graduated from Radcliffe Collage in 1904 being the first blind and deaf person to graduate from university. She started writing many books and became a well know author. She even learned five languages and learned how to read and write in all those languages. Helen and Annie travelled the world telling their story. But Annie sadly passed away and Helen still went around telling her story and even met kings and queens! She died at age June, 1<sup>st</sup>, 1968.

Let's continue celebrating the wonderful woman who made and continue history!

**Quote of the week.**

“Alone we can do so little; together we can do so much.”  
- Helen Keller

“The most damaging phrase in the language is: ‘It’ always been done that way.’  
- Grace Hopper

Made with [Word Search Maker](#) | [World Famous from The Teacher's Corner](#)

Name: \_\_\_\_\_  
Created with TheTeachersCorner.net Word Search Maker

**Women's History Month word search**  
Find the words!

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OF  
BLIND

HISTORY  
HOPPER  
HELEN  
FILMMAKER  
POET  
FREEDOM  
AND

MONTH  
MAYA  
KELLER  
COMPUTER  
MEDAL  
ARMY  
DEAF

## Announcements

Is something happening that you want to announce? Well now you can! We will be accepting personal announcements. Like if someone has a birthday or another special event.

Surprise someone special in your life with a Good News Sunday Fairfield announcement!

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Share a photo, a story, a quote...share good news and follow us  
**@GoodNewsSundayFairfield** on Facebook and Instagram and send a Tweet  
**#GoodNewsSundayFairfield**

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The library is doing a VIRTUAL: CLIMATE CHANGE & RESILIENCY IN FAIRFIELD for everyone happening on the 23<sup>rd</sup> at 2:00pm. During this they will be talking about what they are going to do in Fairfield and about a movie called Decoding the Weather Machine. Registration ends on 2:00pm on the 23<sup>rd</sup> for this free event. To register go to [Virtual: Climate Change & Resiliency in Fairfield | Fairfield Public Library \(librarymarket.com\)](https://librarymarket.com/Virtual-Climate-Change-Resiliency-in-Fairfield).

On the 22 the library is doing VIRTUAL WHAT'S COOKING? SERIES - CATCH A HEALTHY HABIT at 6:30pm. Registration ends on the 22<sup>th</sup> at 3:00 go to [VIRTUAL What's Cooking? Series - Catch A Healthy Habit | Fairfield Public Library \(librarymarket.com\)](https://librarymarket.com/Virtual-Whats-Cooking-Series-Catch-A-Healthy-Habit) to register.

At 10:45am – 2:00pm on the 25<sup>th</sup> there will be one on one career counseling. If you want to do this email [CSILK@FPLCT.ORG](mailto:CSILK@FPLCT.ORG).

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**Would your business benefit from reaching lots of people in Fairfield?** If so, you might want to consider placing an ad in our newsletter. If you are interested please email [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com)

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### **ABOUT US**

We hope you enjoyed this newsletter. Prepared by Sofia (9) and Luke (11). If you like this, if you want to receive in digital format or if you don't want to receive it all, please email us at [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com). Follow us: @GoodNewsSundayFairfield and visit our website [www.goodnewssundayfairfield.com](http://www.goodnewssundayfairfield.com)

Have a great Sunday!