

# GOOD NEWS SUNDAY FAIRFIELD

READ. LISTEN. SUBSCRIBE. SHARE.

[www.goodnewssundayfairfield.com](http://www.goodnewssundayfairfield.com)

[goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com)

[Good News Sunday Fairfield • A podcast on Anchor/Spotify](#)

43<sup>rd</sup> edition – October 17, 2021



GOOD NEWS PAGE 1

RESEARCH PAGE 2

BRAIN POWER PAGE 3

ANNOUNCEMENTS PAGE 4

This is our 43<sup>rd</sup> edition, bringing you good news, inspiring stories and useful information.

Dr. Tam Fenster is a finalist on the “USA’s Today Humankind Healthcare Worker of the Year” because of her invention Voice Love. Dr. Fenster is an OBGYN a doctor who deals with woman’s health but when COVID hit she innovated to find a solution to help patients. Now Voice Love is helping thousand of patients. We talked with Dr. Fenster this week, here is what we learned.

When Covid-19 came many doctors had their rolls changed. When volunteering in the ICU Dr. Fenster saw families struggling because they couldn’t communicate with their families. “Usually in an ICU the patient’s family and friends are standing around the patient and singing telling them “I love you” or “Get better”. But it was different during Covid, “it bothered me so much because the doctors always talk to the patient’s family and the family supports the patient”. So, since there was no family, I started to make phone calls to the patient’s family and give them updates, but every call I made the family just kept on saying they wanted the patient to hear their voice.

Dr. Fenster and her friend Dr. Marc Schiffman started to think of ways to have the patients to hear their family’s voice without the family being in the hospital. The patient can’t go on the phone to call their family because they need to rest. So, they bought a special type of walkie-talkie and had it connected to a phone app and gave the walkie-talkie to the patient and gave the phone app to the family or friend. They continued to modify and now it works on an app on any phone with all the right security and safety for a hospital. “If a family member wakes-up in the middle of the night and want to call the patient to tell them “I love you” or “I miss you”, they can just press the button and their voice will go to the patient”. “You can communicate so much with the sound of your voice. You can communicate a feeling so strong as love with the sound of your voice. You can show how much you love someone with the sound of your voice.”

To learn more go to [voicelove.org](http://voicelove.org) and vote for Dr. Fenster and her invention at [Dr. Tamatha Fenster - 2021 Best of Humankind Awards \(secondstreetapp.com\)](http://Dr.TamathaFenster-2021BestofHumankindAwards(secondstreetapp.com))

### Your vote matters

With the municipal election coming up we want to talk about why this election is so important. These types of election can come down to a couple of votes. So vote!

Most people overlook municipal elections but in reality they are very important. They can decide things like school funding, property tax and zoning. Positions in the board of education, board of finance, town plan and zoning, zoning board of appeals, board of assessment appeals and constable are opening up. Each of these positions are very important for running the town. In total there are 22 positions open.

The Board of Education(boe) is the governing body for the public school system and hosts regular public meetings to discuss important topics. The boe decides the budget, hires people for high level positions, makes school policies and the boe directs the schools mission. The Board of Education is a very important part of the town because it helps educate the next generation of thinkers.

The Board of Finance (BOF) controls the financial planning and management of the town. The BOF decides the property tax, recommends the annual budget, oversees audits of the town and they also hold public hearings for financial issues. The BOF is important because it determines how the town money is invested.

The Town Plan and Zoning (TPZ) controls what is built in the town and how Fairfield is zoned. The TPZ hears the plans for residential and commercial buildings and either approves or denies them. The TPZ oversees the development of the town as a whole and the construction of public spaces, local roads and bridges. The TPZ is important because its decisions can change the look of the town.

The Zoning Board of Appeals reviews and acts upon appeals on decisions made by the Town Plan and Zoning Commission and can give out special permits. The Zoning Board of Appeals is important to keep the Town plan and Zoning Commission in check.

The Board of Assessment Appeals can change property assessments as a result of taxpayers who think that their property has been incorrectly valued. The Board of Assessment Appeals is important because it can help people save money that would have gone to the incorrect taxes.

The Constables bring notices from the Fairfield court and from the town to people's houses. These documents are usually warnings and notices. The Constables are important to keep order in the Fairfield judicial system.

To learn more about the candidates and how to vote go to [Know Your Reps – Know Your Reps](#)

**Quote of the week.**

"Innovation is the ability to see change as an opportunity – not a threat."

- Steve Jobs

"Our lives begin to end the end we become silent about things that matter."

- Dr. Martin Luther King Jr.

www.TheTeachersCorner.net Printable Sudoku

**Sudoku Puzzle**

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

3					5		2	
2				4		8		1
	5	4		8	1		9	
1		5		3		2	4	9
		9	1		2			
		3			4		1	
5	8			1	6		7	3
9			8		7			5
4								2

7				2			8	3
					9			5
8	5	4	7		3		2	
		5	2			1		9
9	7		4		1			8
1					6	2		
	2		6	1		3	7	
4			9			5		
	6	1		7				2

## Announcements

October is Breast Cancer and Domestic Violence Awareness Month. The Fairfield police wore purple to show support against domestic violence. To learn more about Breast Cancer go to [Norma Pfriem Breast Center](#). To learn more about how we can end domestic violence go to <https://centerforfamilyjustice.org>

---

On October 23 at 1:00pm - 5:00pm there is an opportunity to pick up supplies for D.I.Y. take and make. No registration is required and instruction videos are made available on the library YouTube.

On October 21 at 6:30pm – 7:15 there is a virtual Zumba kids. This is Zumba with kids friendly moves. The program is through zoom. To register go to [Virtual ZUMBA® Kids | Fairfield Public Library \(librarymarket.com\)](#).

---

Mr. Fabio Zacco is raising money to help Best Buddies, an organization that helps people with disabilities. Donate today and support Best Buddies and make a difference in the life of a person with a disability!

<https://www.bestbuddieschampion.org/orlando/supporting/?fbclid=IwAR046mlgM8yDD8ctbxvcWVutmXFCs0P4IHboclyWPUWCFuyfnAspksRcgQ#FabioZaccoBNYMChampion>

---

### Would your business benefit from reaching lots of people in Fairfield?

If so, place an ad in our newsletter. For a small amount you can get lots of exposure to the Fairfield community and help us to continue bringing you good news. If you are interested, please email [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com).

---

### **ABOUT US**

We hope you enjoyed this newsletter. Prepared by Sofia (9) and Luke (12). To subscribe, email us at [goodnewssundayfairfield@gmail.com](mailto:goodnewssundayfairfield@gmail.com). Follow us: @GoodNewsSundayFairfield, visit our website at [www.goodnewssundayfairfield.com](http://www.goodnewssundayfairfield.com) and listen to our podcast on Spotify, Apple, or wherever else you get your Podcast [Good News Sunday Fairfield • A podcast on Anchor](#)

Read, listen, follow and share – Good News Sunday Fairfield

Have a great Sunday!