

GOOD NEWS SUNDAY FAIRFIELD

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58th edition – February 13, 2022



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This is our 58th edition, bringing you good news, inspiring stories, and useful information.

As you might know the winter Olympics are happening right now in Beijing. The winter Olympics happen every 4 years in the middle of two summer Olympics. The winter Olympics have events like Cross-Country Skiing, ice hockey, bobsleigh, ski jumping, snowboarding and other winter sports. To learn more about the sports and the schedule for the Olympics go to [Olympic Schedule & Results | Beijing 2022 Olympics](#).

Kristen Santos was born and raised in Fairfield CT and is 27 years old. She is a short track speed skater for team USA. She did figure skating, soccer and even hockey but then at the age of 9 she decided to switch to short track speed skating. After graduating from Warde High School she moved to Salt Lake City. She trained full time while attending the University of Utah. In the spring of 2021, she graduated with a degree in Kinesiology (the study of human body movement) and a minor in nutrition. She trains 8 hours a day 6 days a week for the US National Team. All that training payed off because she has been competing at World Cups for 8 years. And she is now in the 2022 Beijing Olympics.

Mac Forehand was born in Norwalk. He is 20 years old. He is a lifelong skier and started freestyle skiing when he was six. He made the U.S. Free Ski Team at the age of 17. He dedicated his high school years to practicing. He also likes to skateboard and mountain bike. He is an Olympic freestyle skier and competes in the big air and slopestyle events. He has been on the USA team for 4 years.

There are more Olympians from CT that we didn't talk about. They are an example of how perseverance and dedication can get you far. They both worked exceptionally hard to overcome their challenges and compete in the Olympics. We can apply this to our daily lives and excel in whatever we put our mind to. These two remarkable locals have grown and achieved great things and you can too!

Black History Month

During February America will be celebrating African-Americans' impact on America, their history and culture. In Black History month we celebrate people like Rosa Parks, Martin Luther King Jr and more. Below are some facts about some people who made a big impact on our daily life. This week we would like to celebrate Lonnie G. Johnson.

Lonnie G. Johnson invented the Super Soaker. He is an inventor and engineer. Below are some facts about Lonnie G. Johnson.

1. He was born October 6, 1949
2. He was born in Alabama
3. He had five siblings
4. He lived in the time where segregation was happening
5. His father was a veteran from World War 2
6. His mother worked as a nurse and worked in a laundry mat
7. Lonnie G Johnson's dad taught him and his siblings how to make toys
8. He made an invention when he was only 13 years old
9. He made a go-kart with a lawnmower engine
10. He drove on streets and on the highway up until the cops pulled him over
11. He broke his sister's dolls to see what makes the eyes blink in the inside
12. He tried to cook Rocket Fuel
13. He almost burned the house
14. He went to a school for black people only
15. He was a good student
16. He was very smart and had lots of creativity
17. Since he was so smart, he went in a science fair
18. He was representing his own school
19. The fair was sponsored by JETS
20. JETS is Junior Engineering Technical Society
21. He made something called a "Linex"
22. He won first prize in the Fair
23. He got a master's degree in nuclear engineering and a bachelor's degree in mechanical engineering
24. People told him not to try to go above being a technician
25. He was inspired to work harder from a story about George Washington Carver
26. He wanted to be an inventor and he held on to that dream
27. He got married in 1993
28. He got married to Linda Moore
29. He had 4 children
30. He went to the U.S. air force
31. He also worked at NASA
32. In NASA he worked at JPL
33. JPL is the Jet Propulsion Laboratory

Quote of the week.

"When we experience success, confidence comes with it."
- Lonnie G. Johnson

Name: _____

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Valentines Day

U S J D U
Q O I Z T V D
K F J V H V G T C A
R N B I Z A X K F F S R
G O P K K P D P S S E N X
T G X S R G P M D V Q N B M W O U S W R I N Y E C M Y C R Q
T N Q X E D Y W N A Y Y Y U I C Z L B O Z I Z T Z T A Y M C
W J I C S S D B N L L J W W K Y S W E E T H E A R T G F H W
F H R J D S N B Y E K I C N E R V Z A W X Z L A N E D W N Y
C R Z I H F E G L N N M G Q C H Q J V Y W I P J M V Q F W V
S S I Y G D Z N U T I I A K J A D B A C B W B Y G O H P D V
U N W N S L G S D I P K M E B R H L M N B D Q J U L I R Z A
D G N P N H Y R L N T W R K R V C G L K I S P R U P R Y A N
N X R G E J B N E I O R N X C V Y M L Q J S X J J D P C
J X G N G P G N I U K A A D E W A V M S M F N N B Q H H
Y X F O B G A F X B S U I T E E W S K G T G I M O Q
X Q H E A R T Q D O X P Y Z C I T N A M O R C K
Q I L Z N Z Q A B J N R S P X U C L L U O L
I T H Q W J K X E Z W C X X C Q G H L K
M L F E N P X K Y G O R D H H F A H
X K R F X I T R R E D J U R T X
E L G N W G X A V C N N E I
D M G J Z T X X J C G I
U P Y C X K R P T I
T Q E O Q R L P
F Z Q I U B
C E N R
E D

CHOCOLATE
HEART
MINE
RED
SWEET

CUPID
KINDNESS
PARTY
ROMANTIC
SWEETHEART

HAPPY
LOVE
PINK
ROSES
VALENTINE

Announcements

Today is the Super Bowl! It is being played in Sofi Stadium. It is the LA Rams against the Cincinnati Bengals. This is the most televised night of the year. It is being aired on NBC with the game starting at 6:30. The halftime show is featuring Dr. Dre, Eminem, Kendrick Lamar and more. Don't forget to tune in to this fun event!

Tomorrow is Valentine's Day. This is a day of caring and love. Below are some ideas for what you can do.

- Facetime family members
- Be nice to everyone
- Write a card to someone even if they are a total stranger
- Give a big tip
- Take someone you care about to a cool and relaxing place
- Have fun!

These are only some ideas. Do what you want in your own awesome way. Don't forget to wish people happy Valentine's Day!

The town is looking for caring middle and high school students to shovel senior citizen's driveways and sidewalks. The town connects you with local seniors in your area and then the senior will contact you directly for you to shovel for them. It is a great opportunity to help our neighbors. To learn more go to [Snow Shoveling for Seniors Volunteer Information.pdf \(fairfieldct.org\)](#)

Would your business benefit from reaching lots of people in Fairfield?

If so, place an ad in our newsletter. For a small amount you can get lots of exposure to the Fairfield community and help us to continue bringing you good news. If you are interested, please email goodnewssundayfairfield@gmail.com.

ABOUT US

We hope you enjoyed this newsletter. Prepared by Sofia (10) and Luke (12). To subscribe, email us at goodnewssundayfairfield@gmail.com. Follow us: @GoodNewsSundayFairfield, visit our website at www.goodnewssundayfairfield.com and listen to our podcast on Spotify, Apple, or wherever else you get your Podcast [Good News Sunday Fairfield • A podcast on Anchor](#)

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Have a great Sunday!